



Richards Elementary

Why do we do Jump Rope for Heart?

Your student will learn heart healthy habits to keep their own heart healthy & if you choose, you can raise donations to help save lives.

Every \$50 we raise helps SAVE 1 LIFE!

How many lives could your family help us save this year?

Last time our school helped to save **113 lives**. Please help us reach our goal this year. We would like to save 140 lives.

Will you join us?

QUESTIONS: Contact the PE Department

ONLINE DONATIONS:

Step 1:

Go to www.heart.org/jump

Step 2:

Select your state and find your school

Step 3:

Join your school's team and....
Set up your own Web Page!!!

Online donations count towards
Thank You Gifts!

SCARE SQUAD MEMBER

REGISTER & GET A GLOW-IN-THE-DARK WRISTBAND!!!

For online support Mon.-Fri. from 7am-5pm, please call our Customer Care Team at 1-855-229-4424.



JAX



CHARGER



FINSTER



ROCKY



DISCO



PETUNIA



BLASTER



IMPORTANT DATES TO REMEMBER



***Jump Rope for Heart: Week Of March 12-16th**

***Donations due by: March 14th**

Please make all checks payable to:

American Heart Association

As a 501C status non-profit, all donations are tax deductible.



**UNLOCK ME USING
JUMP/HOOPS Mobile APP**